



# Self testing



Learn and understand the content

Practice recalling the content

Practice applying the content in an exam context

Know the content you need to cover

Choose a method to revise the content

Create a **check list** to monitor your revision of topics

## SELF TEST!

- Have questions on one side of a flash card and answers on the other.
- Complete part of an exam paper in test conditions.
- Fill in gaps on a mind map

**Always assess your work afterwards!**

Unsure?  
Ask your teachers.



Biology	WC 12-01	WC 19-01
Evolution	✓	
Enzymes	✓	✓
Ecology	✓	
Sustainability		✓
Food chains		✓

Re-reading

LOW IMPACT

Summarising

LOW IMPACT

Highlighting/  
underlining

LOW IMPACT

Practice  
Testing

HIGH IMPACT